

DERWENT VALLEY MEDICAL PRACTICE

Newsletter
November 2025

DVMP TEAM NEWS



world diabetes day
14 November

World Diabetes Day (WDD) is the world's largest diabetes awareness campaign reaching a global audience of over 1 billion people in over 160 countries. It is marked every year on 14 November, the birthday of Sir Frederick Banting, who co-discovered insulin along with Charles Best in 1922.

WDD was created in 1991 by International Diabetes Federation (IDF) and the World Health Organization and became an official United Nations Day in 2006 with the passage of United Nations Resolution 61/225.

589M
people are living with diabetes
worldwide.

3 in 4
people with diabetes live in low- and
middle-income countries.

Close
to 50%
of diabetes is undiagnosed.

Key messages

Diabetes challenges at work

430 million people living with diabetes are of working age. In the workplace, they face challenges such as stigma, discrimination, exclusion, anxiety and lack of access to care and support for their well-being.

Unhealthy work environment

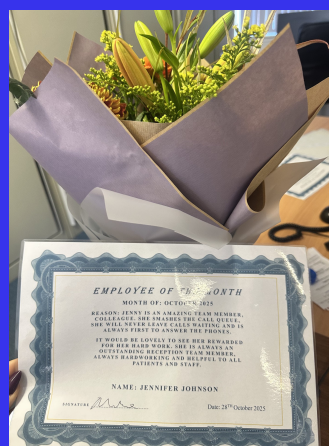
Many workplaces are an unhealthy environment for employees. The lack of access to physical activity, healthy food choices and support for mental well-being is harmful for people at risk of diabetes and other non-communicable diseases.

Do more for diabetes at work

Employers must take action to create a safe, supportive and healthy work environment for people with diabetes and those at risk. Support our call to 'know more and do for diabetes at work.'



EMPLOYEE OF THE MONTH



Jenny is an amazing team member, colleague and friend.

She smashes the call queues sometimes going well above 100s.

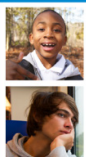
She has a wonderful sense of humour, and her dry wit is something else.

It would be lovely to see her rewarded for her hard work.

and

For being an outstanding reception team member, always hardworking and helpful to all patients and staff. Jenny always has brilliant call stats and consistent answer rates, she will never leave calls waiting in the queue and is always first to answer the phones.

**2025**



Making a positive difference to the wellbeing and lives of men and boys

Raising awareness and funds for charities supporting men and boys' wellbeing

Promoting a positive conversation about men, manhood and masculinity



FIND OUT MORE AND JOIN IN

w: www.ukmensday.org.uk
e: contact@ukmensday.org.uk



@ukmensday



InternationalMensDayUK



#internationalmensday

International Men's Day is a national day marked around the world with 800 organisations involved every year in the UK.

It is an opportunity to encourage men to seek help for any challenges they have and also to promote the support services available to them. It is also great way to also hold staff events for male employees and also to thank for them for their hard work all year round. It is easy to get involved from running events, raising money for men's charities or simply checking in on male friends, family members and colleagues

The community is managed by the Association for Male Health and Wellbeing, a charity that bring together organisations and professionals working to support men and boys to thrive and overcome any challenges they have.



[HTTPS://WWW.FACEBOOK.COM/DERWENTVALLEYMEDICALPRACTICE](https://www.facebook.com/derwentvalleymedicalpractice)

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ST MARKS 01332 224588
SITWELL ST 01332 673905



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Important update

Derwent Valley Medical Practice

We have moved to a new appointment system

- ✓ Easily book or manage your appointments online
- ✓ A quick, simple, and secure system
- ✓ See the right healthcare professional
- ✓ Avoid long waits on the phone



You can still book an appointment by visiting or calling your Practice on 01332 224588 or 01332 673905.

Please note that you will still need to complete the Smart Triage questions as part of the booking process

November Half Day Closure

The practice will be closed November 19th from 13.30pm. If you require medical attention during this time please call 111 or in emergency 999.

Please if you have not already done so, update the practice with your email address and for any children too, this will enable you to use the new triage system quickly and easier.

Useful Numbers

Social Services 01332 717777
District Nurses 01332 564900
Midwife 01332 861192
Pharmacies:
Chaddesden
01332 347981 St Marks Rd
01332 673059 Wiltshire Rd
01332 660760 Maine Drive

Spondon

01332 663046 Chapel St
01332 673574 Sitwell St
01332 826717 Asda Derby Rd
Mental Health
01332 623900 Crisis Team
111, Option 2 Mental Health designated line, 24 hrs.



ST MARKS 01332 224588
SITWELL ST 01332 673905

