



We are absolutely delighted to share that our very own **Dr John Frain** has been awarded the prestigious title of **Professor!**



This is a tremendous achievement and a reflection of Dr Frain's unwavering dedication to medicine, education, and the wellbeing of our community. His passion for patient care and commitment to excellence have always inspired us — and now, his contributions have been recognised at the highest academic level.

Please join us in congratulating **Professor John Frain** on this well-deserved honour!



🌟 Employee of the Month: Kate Dakin 🌟

We're proud to recognise Nurse **Kate** or going above and beyond in her diabetes care work. Her compassion, dedication, and support have made a real difference to patients facing difficult diagnoses.

👏 Thank you, Kate, for showing what true care looks like. Your kindness and professionalism are an inspiration to us all at Derwent Valley Medical Practice.



🏥 Well Done to Our Patient Participation Group! 🏥

We're thrilled to share the success of our recent **Cholesterol Education Event**, held on **Wednesday 16th July from 5pm to 7pm** here at Derwent Valley Medical Practice.

Over **40 patients** attended and were educated by **Dr John Frain**, who delivered an insightful and engaging session on cholesterol — its impact, management, and how to make informed lifestyle choices.

The feedback from attendees was overwhelmingly positive, with many expressing appreciations for the opportunity to learn in a supportive and community-focused setting.

A huge thank you to our **Patient Participation Group** for helping to organise this event and to everyone who took part. We're already looking forward to hosting more events like this to support the health and wellbeing of our community.

Autumn Flu & COVID Vaccination Update

We're currently in the process of coordinating eligible patients for the **Autumn Flu and COVID vaccinations** at Derwent Valley Medical Practice.

Text messages with booking invitations will be sent out to eligible patients throughout the month of **August**, so please keep an eye on your phones and follow the instructions to book your appointment.

Our team is working hard to ensure a smooth and efficient rollout, and we appreciate your cooperation in helping us protect our community's health.

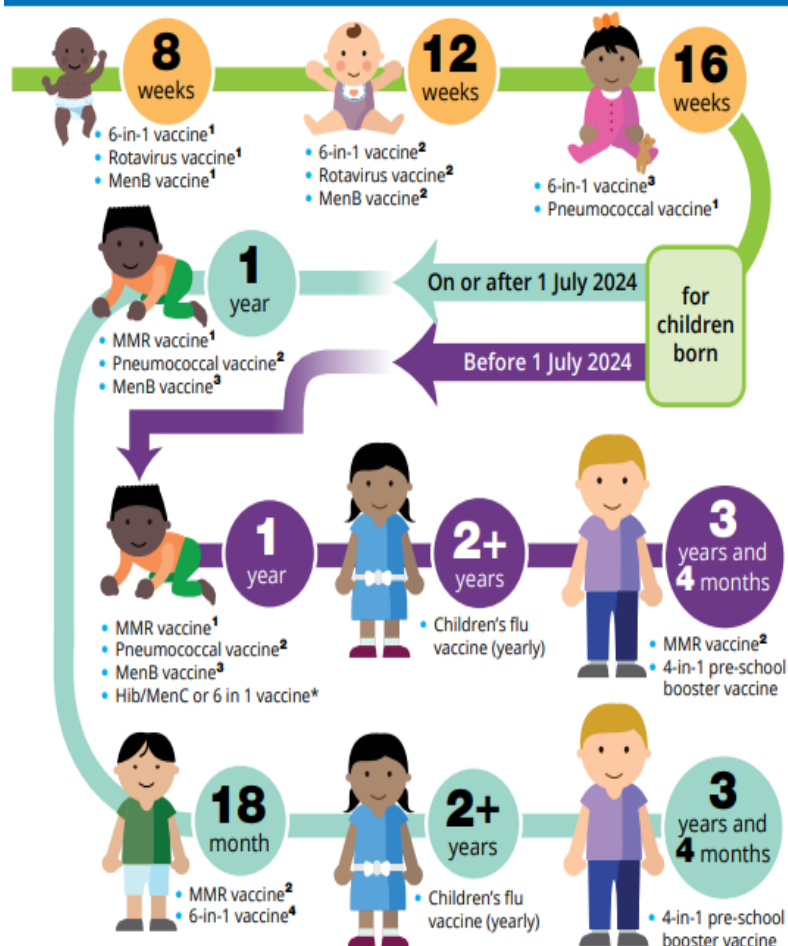
If you have any questions or need assistance, please don't hesitate to contact the practice.



UK Health Security Agency



Your child's vaccine schedule



¹first dose, ²second dose, ³third dose, ⁴fourth dose

6-in-1 protects against diphtheria, tetanus, whooping cough, polio, Hib and hepatitis B

4-in-1 protects against diphtheria, tetanus, whooping cough and polio

First dose of rotavirus vaccine must be given before 15 weeks of age and second dose must be given before 24 weeks of age

*Vaccine given will depend on vaccine availability

Follow your child's vaccine schedule to protect them against illnesses

Stick this timeline up as a useful reminder

Protecting Your Child: NHS Vaccination Schedule

At Derwent Valley Medical Practice, we're committed to helping you keep your child healthy and protected. The NHS recommends a series of vaccinations starting from 8 weeks old through to 3 years and 4 months. These vaccines protect against serious illnesses like measles, meningitis, and whooping cough.

Key Milestones:

- 8, 12 & 16 weeks:** 6-in-1, Rotavirus, MenB, and Pneumococcal vaccines
- 1 year:** MMR, MenB, and Pneumococcal boosters
- 18 months:** Additional MMR and 6-in-1 doses
- 2+ years:** Annual flu vaccine
- 3 years 4 months:** MMR and 4-in-1 pre-school booster

Did You Know? Children born after 1 July 2024 follow a slightly updated schedule. If you're unsure which vaccines your child needs, our team is here to help.

Book your child's appointment today or speak to one of our nurses for more information.

Let's work together to keep our community safe and healthy.

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