



DVMP Team News

A very warm welcome back to **Dr Mo Ali** who worked at Derwent Valley Medical Practice previously as a GP registrar during his placements. Dr Ali will be working across both sites on a permanent basis as a salaried GP. I'm sure you will all make Dr Ali feel very welcome!

Surgery Improvements

The 2nd phase of surgery repainting will commence at Spondon surgery during **W/C 14th April 2025**. Apologies for any disturbance to waiting areas or clinical rooms whilst this is completed. If any patient is sensitive to paint fumes or related products, please let reception know, who will book you at the alternate site.

Spring Covid Boosters - April

Text messages and letters have already gone out to all eligible patients. The criteria is strictly over 75 years of age or having been identified as immunosuppressed. This booster is not available to anybody who does not meet those conditions. Patients may book via the link sent or by calling reception.

Clinic dates – St Marks Road

Saturday 5th April – 8am to 1pm

Clinic dates – Spondon

Friday 11th April – 9am to 12 noon (Fully Booked)

Monday 14th April – 10am to 12.30pm

Wednesday 23rd April – 10am to 12.30pm

Monday 28th April – 10am to 12.30pm

Wednesday 30th April – 10am to 12.30pm



Useful Numbers

Social Services [01332 717777](tel:01332717777)

District Nurses [01332 564900](tel:01332564900)

Midwife [01332 861192](tel:01332861192)

Family Planning [0800 3283383](tel:08003283383)

Pharmacies:

Chaddesden

[01332 347981](tel:01332347981) [St Marks Rd](#)

[01332 673059](tel:01332673059) [Wiltshire Rd](#)

[01332 660760](tel:01332660760) [Maine Drive](#)

Spondon

[01332 663046](tel:01332663046) [Chapel St](#)

[01332 673574](tel:01332673574) [Sitwell St](#)

[01332 826717](tel:01332826717) [Asda Derby Rd](#)

Mental Health:

[01332 623900](tel:01332623900) [Crisis Team](#)

111, Option 2 [Mental Health designated line, 24 hrs.](#)

Patient Participation Group

Would you like to become a member of the Patient Participation Group? Do you have time to contribute to the development of a good working partnership between patients and the practice by attending meetings? Do you have ideas for improving current facilities and healthcare in a way that benefits our diverse patient base? If yes, this role may be for you! Please view the full list of aims and objectives via the link and apply on the membership page if interested.

<https://derwentvalleymedicalpractice.co.uk/surgery-information/patient-group/>

Employee of the month

Congratulations to **Sherrie** from our reception team for being voted employee of the month. Sherrie has been praised for always going above and beyond in her role and covering shifts last minute to help her team!!

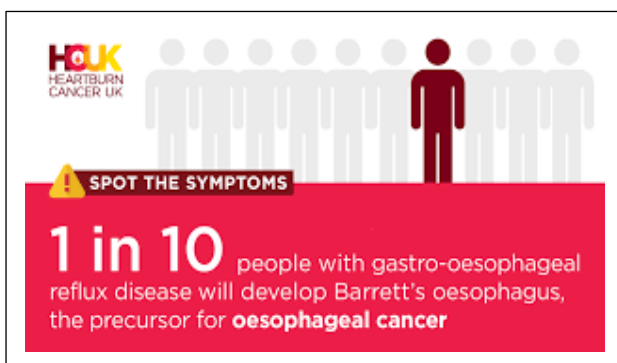


Keep up the good work Sherrie!

NHS Derby & Derbyshire – Barrett's Oesophagus

The muscular tube that carries food and drink from the mouth down to the stomach is the oesophagus. Barrett's Oesophagus is when there are changes to the cells on the inner lining and towards the lower end. Barrett's Oesophagus is not cancer, but due to the changes in the cells over time, they begin to grow more abnormally (dysplasia) and can sometimes lead to cancer. Many of the symptoms mimic gastro-oesophageal reflux disease (GORD), including **nausea, vomiting, heartburn, indigestion** and an **unpleasant taste in the mouth**. However, if swallowing food becomes difficult or painful, or chest pain is experienced, a GP must be contacted straight away.

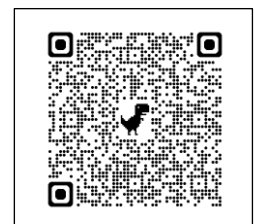
Risk factors include, but are not limited to being **overweight, smoking, heavy drinking**, eating a **spicy, acidic or fatty** diet and having a **hiatus hernia**. Diagnosis is usually by endoscopy via a referral from your GP, and monitoring, if diagnosed would be often.



For more information visit

<https://bit.ly/3EER2VS>

#MoreThanJustHeartburn



<https://www.macmillan.org.uk/cancer-information-and-support/worried-about-cancer/pre-cancerous-and-genetic-conditions/barretts->

Follow Us on social media:



<https://www.facebook.com/derwentvalleymedicalpractice>