



Half Day Closure

Our next half day closure will be **Wednesday 19th March** affecting both sites. Surgeries will close at **13.30pm** and reopen the following day as normal at **8am**. The phones will also be off during this time.

For medical advice, **111** is available along with your local pharmacy. The Urgent Care Centre is also open as normal on a walk-in basis. A & E should only be used in an emergency. For urgent mental health support, **111 option 2** is available 24 hours a day.

DVMP – Team News Sophi

Hi, I'm **Sophi** the new practice nurse, it has been lovely meeting some of you over the last few months!

I am currently doing all vaccinations within the UK immunisation schedule ranging from childhood immunisations up to eligible vaccines for certain age groups. I also do dressings, blood tests, ECG's, health checks, contraception checks and injections such as B12.

On the 29th of January I will be starting at De Montfort University to complete my new to practice nurse course, where I will learn all the skills needed for my role in practice nursing, including smears and chronic disease management, I am looking forward to starting the course and seeing more of you around as I build my skills.

Brain Tumour Awareness Month

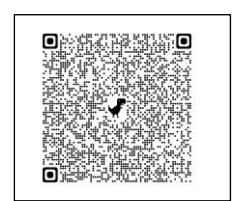
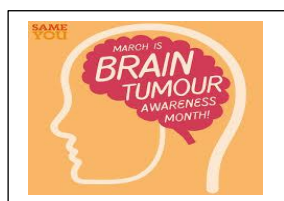
There are over 120 different types of **primary** brain tumour (tumours that originate in the brain), with prognosis dependent on the size and location at the time of diagnosis. **Secondary** tumours (metastatic brain cancer) originate in a different part of the body and spread via the blood to the brain. Approximately 12,000 people are year are diagnosed with either a low, or high grade tumour, but currently funded research makes up only 1% compared to other cancers.

What is a brain tumour? Abnormal growth/spread of cells within the brain, that damage or threaten its function.

Symptoms

Including, but not limited to: **Headaches**, **Nausea & Vomiting**, Issues with **Vision** (blurry or loss of peripheral vision), **Seizures**, **Weakness/Numbness** (especially in face, arms & legs), **Speech** difficulties, **Cognitive** changes (confusion & Memory loss), **Tinnitus**, **Personality** changes.

Despite these symptoms being common in other illnesses, any concerns should be raised to your GP, as early detection and treatment bodes well for a more favourable outcome.



Nurse Kate's Fundraiser for New Leaf Derbyshire

Our lovely practice nurse **Kate** will be donning her running trainers once more, but this time in aid of **New Leaf Derbyshire**, a registered charity dedicated to assisting disadvantaged and struggling households in the Derby area. **New Leaf's** mission involves assisting with home improvements to create safer more homely living environments, offering befriending services to prevent social isolation, and provide advice and guidance to beneficiaries, as to what is available within the local community. But...all of this comes at a cost. Whatever **Kate** manages to raise will go directly to the charity ensuring they can cover the cost of volunteer expenses, training, tools, equipment and furniture.

Dig deep if you can, every penny helps!

<https://newleafderbyshire.co.uk/> for more information or to apply to volunteer

New Leaf Derbyshire



Helping people makes everybody smile

DERBY 10K

*Support our runner
Kate!*

**New Leaf
Derbyshire**

*We 'Turn Houses into Homes'
for vulnerable people referred
to us, through a wonderful
Team of Volunteers!*

www.newleafderbyshire.co.uk

PRIDE PARK | SUNDAY 6TH APRIL 2025

<https://gofund.me/00984220>

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