



## Team News – DVMP

September welcomes two new members to the DVMP team, Katie Wood (GP Trainee) & Tom Moreno-Stokoe (GP Registrar) who will be working across both sites.

We also say a fond farewell to Dr Sai Kyaw & Dr M Iqbal, who are both off to their next placement surgery as part of their training. We thank them for their valuable input.

## Prescription Ordering

MOL by phone **0115 855 0260**

Email [ddicb.southmolonlinerequests@nhs.net](mailto:ddicb.southmolonlinerequests@nhs.net)

Online [www.derbyshiremol.nhs.uk](http://www.derbyshiremol.nhs.uk)

NHS App (download via your smartphone)

Sytemonline (register for this at Reception)

## New RSV Vaccination now being offered to eligible patients.

From 1<sup>st</sup> September 2024, Derwent Valley Medical practice is rolling out the new RSV vaccination to all eligible patients. RSV (Respiratory Syncytial Virus) can enter the body through infected droplets in the air, mainly caused by individuals coughing or sneezing near to others, or by direct bodily contact such as shaking hands. As the virus is infectious, it can cause complications for some people in their airways and lungs. An infection typically lasts for 4 to 7 days, but for those with underlying conditions, it can be more serious.

**Who is eligible? All adults aged 75-79 from 1<sup>st</sup> September 2024**

**All pregnant patients-will be offered at antenatal appointments.**

We have already invited all eligible patients by text, but if you feel you have been missed, please contact reception. Pregnant patients should ask the midwife at their next appointment. Clinic dates are currently; Spondon 10<sup>th</sup> September (AM Only) & 17<sup>th</sup> September (AM Only) St Marks Road Saturday 14<sup>th</sup> September- Extra Clinic (AM & PM)

The link below has extra information:

<https://ukhsa.blog.gov.uk/2024/07/17/>



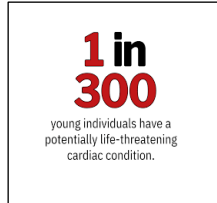
UK Health Security Agency **NHS**

### The RSV vaccine is available from September 2024

**Offered to:**

- Pregnant women**  
(From week 28 of your pregnancy)
- People over 75**  
(plus those already aged 75-79 for the first year)

**Speak to your midwife, GP practice or health team**



All welcome to join for this amazing cause.

<https://www.c-r-y.org.uk>

## Organ Donation Week

23-29<sup>th</sup> September 2024 - 30<sup>th</sup> Anniversary

Organ donation is to decide to give an organ to either transform or save the life of someone else. Most people do not die in circumstances making it possible to donate organs. England's law recently changed in that all adults are now considered to be donors once deceased unless they 'opt out'. However, you can become a 'living donor', and donate organs whilst you are still alive.

Please have a look at the website below for up-to-date information and process:

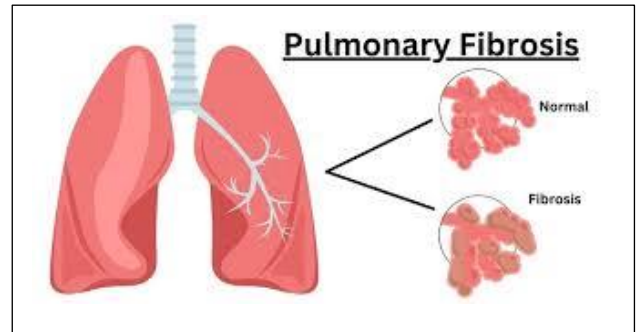
<https://www.organdonation.nhs.uk/>



## Health Promotion

### Pulmonary Fibrosis (PF)

PF is a lung disease that occurs when lung tissue becomes damaged and scarred. Once the tissue is stiff and thickened it makes it much harder for the lungs to function properly.



Common symptoms can include:

Shortness of breath

Dry cough

Fatigue

Unexplained weight loss

Clubbing (swelling and rounding) of fingers and toes.

PF is often diagnosed using a series of health-related questions and tests (spirometry/lung volume) and often a CT scan for a better picture. Sometimes a tissue sample is required. The type of work you do, or where you live can mean you are more exposed to some known contributing factors. Exposure to asbestos, metal dust, wood/coal dust, mold or animal droppings are some examples. If you have any concerns or have had a cough or shortness of breath for over 3 weeks, please contact the surgery in the first instance.

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<https://www.facebook.com/derwentvalleymedicalpractice>