Derwent Valley Medical Practice

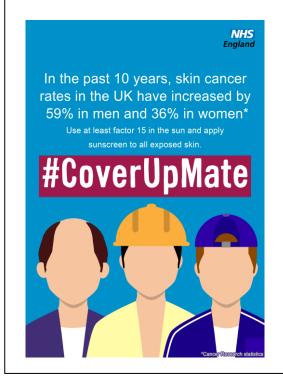








Health Promotion Sun Awareness Week 2024 6 May to 12 May.







Find shade

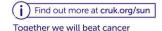
Take a break under trees,
umbrellas or head indoors



Cover up
Wear a loose, long-sleeved
top with a hat and sunglasses



Use sunscreen
On bits that aren't covered up.
Use plenty with at least SPF 30
and a 4 or 5 star rating





https://www.skinhealthinfo.org.uk/sun-awareness/



https://www.nhs.uk/live-well/seasonal-health/sunscreen-and-sunsafety/

https://www.britishskinfoundation.org.uk/how-to-stay-safe-in-the-sun



Check the immunisation schedule at



If your baby/child is due/missed any book at reception now.

DVMP Team News

Welcome to Nicola who joins the reception team, working across both sites. Please say hello and make her feel welcome. Also welcome back to Jade, previously our assistant practice manager, who is now taking care of all aspects of HR within the practice.

A fond farewell to Dr Julie Osborne who has now retired from medicine. She has told us she plans to visit China within the next couple of months to kickstart her free time. I'm sure we all wish her the very best in her retirement.

NeuroHub-Derby

Help and support for Neurodivergent young people aged 0-25 and their parents/carers.

Self-referral encouraged by online form via the NeuroHub website:

https://www.communityactionderby.org.uk/pro jects/children-young-people/derby-neurodiverse-hub





Hub Opening Hours: Calls and booked appointments: Monday - Thursday 10am-13:30pm Friday 10am-13:00pm

Contact

Mob: 07561 856 320

Tel: 01332 604080

Email: neurohub@stjamescentre.org

www.stjamescentrederby.co.uk
St James Centre, Malcolm Street, Derby, DE23 8LU

NHS England Updates Spring Covid Boosters



You may be offered a Spring Covid Booster vaccine by the surgery if you are:

Aged 75 years old or over.

Live in a care home for older adults

Are aged 6 months old or over and have a weakened immune system.

Invites have now gone out by text or telephone call. If you believe you have been missed, please contact reception who will check your eligibility and book you into an available clinic.

